

EI CAMPO ISD
GUIDELINES FOR STUDENT SELF-MANAGEMENT
OF DIABETES AT SCHOOL

ECISD is fully committed to supporting our Diabetic students who desire to carry their supplies and self-manage their diabetes while at school or school events. It is important that parents communicate with the school nurse, teachers, and coaches at the start of the school year regarding the student's diabetes care. Your school nurse will continue to be available to assist both the diabetic student and parents as needed. Please do not hesitate to enlist her support.

The safety of all ECISD students is a primary concern of our district staff. For the safety of the diabetic students as well as others, the following guidelines have been developed. **Please read and sign the bottom of this form and return it to the school nurse indicating that you have read the guidelines listed below.**

Both parent and physician's signatures are required on the **Diabetic Management and Treatment Plan**, and must be on file in the school nurse's office before the student will be permitted to carry diabetic supplies at school. The form must be renewed at the beginning of every school year.

The student must supply all diabetic equipment. The school does not stock reserve supplies. **Parents are strongly encouraged to provide the school nurse with a secondary supply of emergency equipment** (e.g. a glucometer, lancets and Glucagon) in case the student becomes ill and his/her equipment is not available.

Students may not share their equipment with other students. Stolen or missing supplies should be immediately reported to the school nurse.

Students are required to carry and properly use a personal sharps disposal container, and should care for puncture sites and blood in such a way that others are not inadvertently exposed to the student's blood.

Diabetic supplies should be kept in the student's direct possession at all times so that other students can't easily access the supplies (The exceptions would be when the equipment is in the possession of a staff member).

Equipment should be stored in a safe manner (i.e. so that glass insulin bottles wouldn't be bumped or broken or others punctured by sharps).

Snacks may not be shared with peers in the classroom and should be an appropriate type of carbohydrate.

Students are expected to test and treat symptoms in class in the least disruptive manner possible. A nearby staff member should be notified immediately if a student becomes ill or feels they may need assistance. **Please do not hesitate to ask for assistance.**

These guidelines apply to all school related activities. Because of the potential harm to self or others that could arise, infractions of these guidelines will be referred for disciplinary action.

Parent Signature:	Date:
Student Signature:	Date:

**PHYSICIAN'S AUTHORIZATION
STUDENT SELF-MANAGEMENT OF DIABETES
AT SCHOOL**

I have instructed (student) _____
in the proper self-management of Diabetes, including:

blood glucose testing
insulin administration
emergency treatment, including the use of fast acting carbohydrates and glucagon.

This patient has been instructed in related safety precautions including the proper disposal of sharps and blood-soiled items.

I have completed and attached a *Diabetic Treatment Plan*, which includes physician directives for:
blood glucose testing
urine ketone testing
appropriate response to abnormal blood sugar levels
diabetic medications including Insulin (if applicable at school) and Glucagon.

In my professional opinion, this student should be allowed to carry diabetes supplies, including lancets and syringes, on his/her person, as well as to self-administer and manage diabetes testing and treatment while at school or school related events.

In my professional opinion, this student should not be allowed to carry diabetic equipment on his/her person while at school or school related events.

Physician Signature:	Date:
Printed MD Name:	Date:
Physician's Phone Number:	

I agree with the physician's recommendations as noted above and have informed my child.

Parent's Signature	Date:
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